



Little Sunflower
In Jonesborough Primary
20% PRICE DISCOUNT

Six-week after school wellbeing program from 3 – 4pm

Beginning:

Tuesday April 18th

NORMAL PRICE £50

JONESBOROUGH P.S. PRICE £40 !

**Hello Parents',
Sarah here, from Little Sunflower!
We have a super deal for children from Jonesboro' P.S.**

I've seen more and more lately comments on line about children's anxiety, anger, worries etc.,

There's a lot going on in their wee heads and we just want to make it go away. It's not easy for parent's either because we're worrying about it too and feeling helpless. It's not a cut that we can stick a plaster on, or a trip to the doctor for a bottle of medicine.



Little Sunflower and his team of friends is beginning a new after school program for children ages 6 – 10 years

- includes tools, tips and techniques to manage those big feelings
- Delivered through creative and fun mediums, holistic therapies, movement, music and games!
- Children will offload some worries
- Find some coping mechanisms whilst having fun.
- Weekly one class hour
- Limited number to pay maximum attention to your child's needs

If you'd like to book a place for your child, please send your £40 in an envelope to Jonesboro' PS secretary Eamonn on or before Tuesday 4th April. Children will be accepted on a first come first served basis so book your child's place early.

Thanks, Sarah

<https://www.facebook.com/LittleSunflower88>
www.littlesunflower.ie